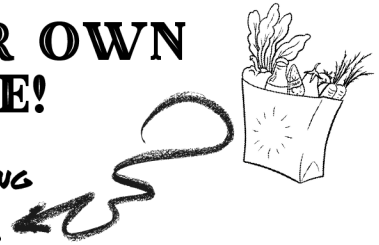
here is HOW

HOW TO FEED YOUR NEIGHBORS.

THE BURRITO BRIGADE MUTUAL AID

Burrito Brigade started as ten friends in a kitchen in November 2024. Now we make and share 160+ burritos a week in O'ga P'ogeh (Santa Fe), plus hot drinks, hygiene products, medical supplies, and warm gear. This page is our whole method boiled down to one sheet: how we show up to feed our neighbors, and how you can start a brigade of your own. No experience, budget, or permission needed. **Steal it and make it yours!**

START YOUR OWN BRIGADE!



AKA WHERE TO START, AND HOW TO KEEP IT GOING

- **Step 1: Find your people.**
  Grab a few friends, neighbors, or family. That's all you need to start.
- **Step 2: Pick a day.**
  Choose a day that works for your crew and stick with it.
- **Step 3: Pitch in.**
  Everyone chips in what they can for groceries, even $5.
- **Step 4: Cook what you can.**
  Make as many as your budget, kitchen, and crew can handle. Start small and grow.
- **Step 5: Share them.**
  Show up where your unhoused neighbors already gather, or stock a community fridge.
- **Step 6: Keep showing up.**
  Consistency builds trust, even if your brigade stays small.
- **Step 7: Listen to your community.**
  Ask what people need and let them shape the work.
- **Step 8: Learn as you go.**
  Try things, make mistakes, adapt, and keep going!

IF YOU CAN PITCH IN, WE'D LOVE YOUR SUPPORT! EVERY DOLLAR GOES TO FEEDING OUR NEIGHBORS.
(scan the QR code on the right!)

LESSONS LEARNED

- **Food safety is key.** If you wouldn't eat it, don't serve it. Wash your hands. When in doubt, overcook it.
- **Mindful language matters.** *"How are you?"* can be heavy. Try *"It's good to see you!"*
- **We don't means test.** Trust people to know what they need.

Find our recipes, step-by-step cook instructions, and shopping list right here:



MAKE IT YOUR OWN!

Burritos work for us because they're cheap, travel well, and need no utensils. Don't like burritos? Make soup. Sandwiches. Pasta. **Make what works for your community.**

CONNECT WITH US!

- **website: sfburritobrigade.org**
- **email: theburritobrigade@protonmail.com**
- **instagram: theburritobrigade**

SCAN TO DONATE, JOIN AND MORE!

We cook and distribute on O'ga P'ogeh, homelands of the Tewa peoples. A portion of our funds goes to the White Shell Abundance Initiative (WSAI).